

SIKH HISTORY CARDS

PART - 1



Dr. Varinderpal Singh

ATAM PARGAS PRODUCTIONS

Dear children!

You are a wonderful creation of God. Atam Pargas in its steadfast resolve to help you imbibe the virtues of wondrous Lord and to develop you as 'Truthful Human Beings' published first print of attractive play way books in 2010. A large number of academic institutions have included these books in the school syllabus and have persistently expressed their desire for more such books for primary students.

I am grateful to Almighty for giving strength to publish a series of new books to meet the demand of academic institutions. Dear children! Your experiences of working on these books shall be of immense help to give new colours & dimensions to your personality. The fragrance of your virtuous life style will spread all around to inspire others to emulate you and also make you feel contented and complete.



Dr. Varinderpal Singh 

Dedicated to

The Growing Up Kids

**Who shall not only acquire academic knowledge
but also imbibe moral and cultural values
of our rich heritage to be developed as
‘Truthful Human Beings’**

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Gurbani: The Light House To Enlighten Humanity

There is need to spread the message of Gurbani to humanity for the welfare of mankind. Guru Ji has blessed Dr. Varinderpal Singh to contribute for the cause by authoring school curriculum books of various subjects in the light of Gurbani.

In 2010, his hard work lead to publication of activity book series for school students. These books have been well received, appreciated and included in curriculum of hundreds of academic institutions. I am pleased to know that he has penned a new series of more than a dozen books for nursery to 9th standard students. The books titled as – **Gurmukhi Akhkhhar Card** (two volumes), **Gurmukhi Akhkhhar Giaan**, **Gurmukhi Akhkhhar Abhiaas**, **Punjabi Abhiaas Pustak** (four volumes), **Atam Pargas Art Book** (two volumes), **Atam Pargas Scrap Book** (two volumes), **Sikh History Cards** (English - two volumes) and **Sikh Itihaas Card** (Punjabi - two volumes) are highly beneficial for students. I wish many more academic institutions will introduce these publications in their syllabus for the benefit of students and society.



Dr. Inderjit Kaur

Patron, Atam Pargas Social Welfare Council and
President, All India Pingalwara Charitable Society, Sri Amritsar Sahib

Upbringing Of Tiny-Tots In Accordance With Gurmat

The foundation for building an ideal character has to be laid during the childhood. To cater this need, Dr. Varinderpal Singh had written a dozen of play way books to direct young minds while teaching writing, colouring on sketching skills in school curriculum. Academic institutions have shown great enthusiasm to include these books in their syllabus.



In view of constant demand for other subjects, Dr. Varinderpal Singh wrote more than a dozen new books titled - **Gurmukhi Akhkhari Card** (two volumes), **Gurmukhi Akhkhari Gitaan**, **Gurmukhi Akhkhari Abhiaas**, **Punjabi Abhiaas Pustak** (four volumes), **Atam Pargash Art Book** (two volumes), **Atam Pargash Scrap Book** (two volumes), **Sikh History Cards** (English - two volumes) and **Sikh Itihaas Card** (Punjabi - two volumes). Inclusion of these two dozen books in the school syllabus will be of immense help to the school managements in imparting value based education to the students.

Dr. Nachhattar Singh

Director, Atam Pargash Social Welfare Council and
Ex Vice Chancellor, Guru Kashi University, Talwandi Sabo, Bathinda

1. First Sikh Guru: Sri Guru Nanak Dev Ji
2. Second Sikh Guru: Sri Guru Angad Dev Ji
3. Third Sikh Guru: Sri Guru Amardas Ji
4. Fourth Sikh Guru: Sri Guru Ramdas Ji
5. Fifth Sikh Guru: Sri Guru Arjan Dev Ji
6. Sixth Sikh Guru: Sri Guru Hargobind Ji
7. Seventh Sikh Guru: Sri Guru Harrai Ji
8. Eighth Sikh Guru: Sri Guru Harkrishan Ji
9. Ninth Sikh Guru: Sri Guru Teg Bahadar Ji
10. Tenth Sikh Guru: Sri Guru Gobind Singh Ji
11. Eternal Guru: Sri Guru Granth Sahib Ji
12. First Five Beloved Ones: Panj Piare
13. Five Icons of Sikh Belief: Panj Kakaar
14. Mother of Khalsa: Mata Sahib Kaur Ji
15. Unsurpassed Warrior: Sahibzada Ajit Singh Ji
16. Unsurpassed Warrior: Sahibzada Jujhar Singh Ji
17. Great Martyrs: Sahibzada Zorawar Singh and Fateh Singh Ji
18. Birth Place of Sri Guru Nanak Dev Ji: Sri Nankana Sahib
19. Pilgrimage Site for Humanity: Sri Harmandir Sahib
20. Eternal Throne: Sri Akal Takhat Sahib

21. Birth Place of Khalsa: Takhat Sri Kesgarh Sahib
22. Guru Ki Kashi: Takhat Sri Damdama Sahib
23. Birth Place of Sri Guru Gobind Singh Ji: Takhat Sri Patna Sahib
24. Jotee Jot Place of Sri Guru Gobind Sahib Ji: Takhat Sri Hazur Sahib
25. Exponent of Truthful Living: Sri Guru Nanak Dev Ji
26. Epitome of Dedicated Service: Sri Guru Angad Dev Ji
27. Embodiment of Humility: Sri Guru Amardas Ji
28. Embodiment of Devotion: Sri Guru Ramdas Ji
29. Master of Martyrdom: Sri Guru Arjan Dev Ji
30. Saint-Solider: Sri Guru Hargobind Ji
31. Great Environmentalist: Sri Guru Harrai Ji
32. Bala Pritam: Sri Guru Harkrishan Ji
33. Sacrifice for Human Rights: Sri Guru Teg Bahadar Ji
34. Revolutionary Mentor: Sri Guru Gobind Singh Ji
35. Small Holocaust: Chhotaa Ghallughaaraa
36. Big Holocaust: Vadda Ghallughaaraa
37. Struggle for Independence of Sikh Shrines: Saka Sri Nankana Sahib
38. Struggle for Independence of Sikh Shrines: Chabian Da Morcha
39. Struggle for Independence of Sikh Shrines: Saka Sri Panja Sahib
40. Struggle for Independence of Sikh Shrines: Saka Jaito

1. First Sikh Guru: Sri Guru Nanak Dev Ji

Parkash : 1469 A.D., Sri Nankana Sahib, Pakistan

Father : Sri Kalyan Das Ji (Mehta Kalu Ji)

Mother : Mata Tripta Ji

Wife : Mata Sulakhani Ji

Children : Sri Chand Ji and Lakhmi Das Ji

Jotee Jot : 1539 A.D., Kartarpur Sahib, Pakistan

Sri Guru Nanak Dev Ji was the founder of Sikhism. He travelled far and wide to teach the message of universal brotherhood. He started *langar* (free kitchen), believed in one God and was the first to declare the equality of men and women. He taught the lesson of *Kirat Karo* (earn livelihood by honest means), *Naam Japo* (contemplate God's name) and *Vand Shako* (share at least ten percent of earnings for the welfare of society).



2. Second Sikh Guru: Sri Guru Angad Dev Ji

- Parkash** : 1504 A.D., Matte Di Saran (now Sarai Naga),
District Sri Muktsar Sahib, Punjab, India
- Father** : Sri Pheru Mall Ji
- Mother** : Mata Daya Kaur (Sabhrai) Ji
- Wife** : Mata Khivi Ji
- Children** : Dasu Ji, Datu Ji, Bibi Amro Ji and Bibi Anokhi Ji
- Jotee Jot** : 1552 A.D., Khadur Sahib, District Tarn Taran Sahib,
Punjab, India

Sri Guru Angad Dev Ji standardized the letters of *Lande*, *Sharda*, and *Takri* scripts, and developed a new script consisting of thirty five letters (*Paintee Akkharee*). The new *Paintee Akkharee* script being popularized by Guru Ji is recognised as *Gurmukhi* script and is the basis of modern Punjabi language. He established school to teach *Gurmukhi* at Khadur Sahib in 16th century and encouraged sports and wrestling.



6. Sixth Sikh Guru: Sri Guru Hargobind Ji

Parkash : 1595 A.D., Guru Ki Wadali, District Sri Amritsar Sahib

Father : Sri Guru Arjan Dev Ji

Mother : Mata Ganga Ji

Wives : Mata Damodri Ji, Mata Nanaki Ji and Mata Maha Devi Ji

Children : Gurdita Ji, Suraj Mal Ji, Ani Rai Ji, Atal Rai Ji, (Guru) Teg Bahadar Ji and Bibi Veero Ji

Jotee Jot : 1644 A.D., Kiratpur Sahib, District Rupnagar, Punjab

Sri Guru Hargobind Ji wore two swords - one of *Miri* (sovereignty) and the second of *Piri* (sainthood). Mughal Emperor Jahangir imprisoned Guru Ji in the fort of Gwalior. At the time of his release, Guru Ji insisted and got released 52 innocent Hindu kings imprisoned in the fort of Gwalior and is thus known as *Data Bandi Chhorh*.



10. Tenth Sikh Guru: Sri Guru Gobind Singh Ji

Parkash : 1666 A.D., Patna Sahib, Bihar, India

Father : Sri Guru Teg Bahadar Ji

Mother : Mata Gujar Kaur Ji

Wives : Mata Ajit Kaur Ji, Sundar Kaur Ji and Sahib Kaur Ji

Children : Sahibzadas Ajit Singh Ji, Jujhar Singh Ji, Zoravar Singh Ji and Fateh Singh Ji

Jotee Jot : 1708 A.D., Hazoor Sahib, Nanded, Maharashtra, India
Sri Guru Gobind Singh Ji completed the mission of Sri Guru Nanak Dev Ji by administering *Amrit* to five beloved ones (*Panj Piare*) and specifying Sikh code of conduct (*Rehat Maryada*). Guru Ji then requested and partook *Amrit* from *Panj Piare* and began new tradition of giving honour of Guru to His disciples. He sacrificed his entire family for the well being of humanity. Guru Ji proclaimed Sri Guru Granth Sahib Ji as eternal Sikh Guru.



12. First Five Beloved Ones: Panj Piare

Sri Guru Gobind Singh Ji, on the occasion of *Vaisakhi* in 1699 A.D., came on the stage with naked sword in his hand and demanded five heads. Bhai Daya Ram (*Khatree* from Lahore), Bhai Dharam Daas (*Jatt* from Delhi), Bhai Himmat Rai (*Jheoor* from Jagan Nath Puri, Odisha), Bhai Mohkam Chand (*Chheemba* from Dwarka, Gujarat), Bhai Sahib Chand (*Naaee* from Bidar, Karnataka) volunteered for beheading. Guru Ji beheaded and rejuvenated them by administering *Amrit* (nectar) and renamed them as Bhai Daya Singh, Bhai Dharam Singh, Bhai Himmat Singh, Bhai Mohkam Singh and Bhai Sahib Singh, respectively.

These five Sikhs were titled as *Panj Piare* (the first five beloved ones of Sri Guru Gobind Singh Ji). Guru Ji authorized them to include aspirants in Sikhism by administering *Amrit*.



17. Great Martyrs: Sahibzada Zorawar Singh and Fateh Singh Ji

- Birth** : 1696 A.D., (Zoravar Singh Ji), 1699 A.D. (Fateh Singh Ji), Sri Anandpur Sahib
- Father** : Sri Guru Gobind Singh Ji
- Mother** : Mata Ajit Kaur Ji
- Grand Father** : Sri Guru Teg Bahadar Ji
- Grand Mother** : Mata Gujar Kaur Ji
- Martyrdom** : 1704 A.D., Sirhind, District Fatehgarh Sahib, Punjab

Gangu Brahmin betrayed Mata Gujar Kaur Ji and Sahibzadas by informing Wazir Khan (Governor of Sirhind) and causing their arrest. Wazir Khan offered freedom to Sahibzadas if they would become Muslims. But they refused and were martyred (bricked alive) after severe torture by the order of Wazir Khan.



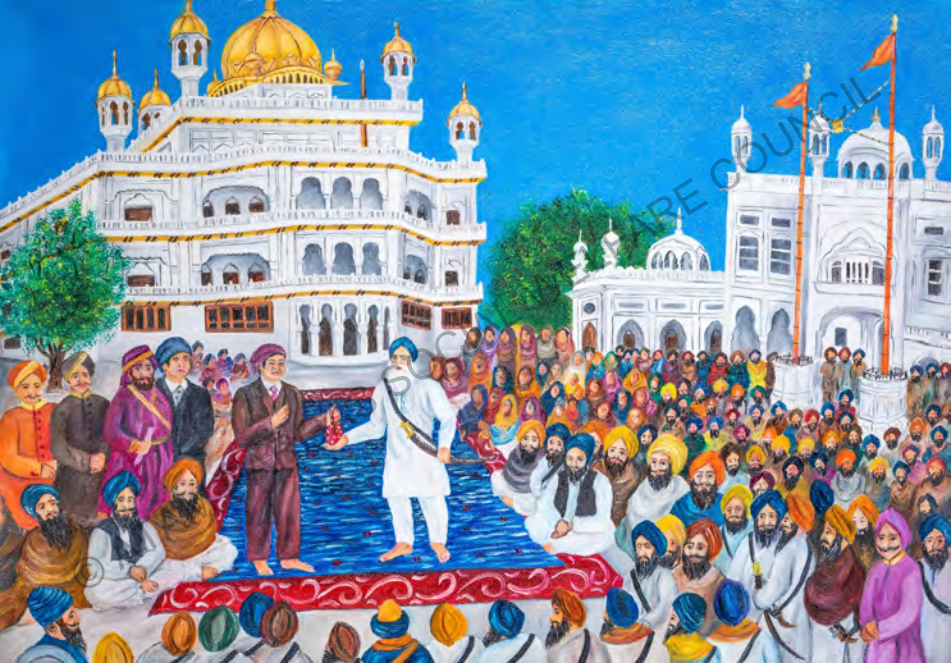
25. Exponent of Truthful Living: Sri Guru Nanak Dev Ji

Sri Guru Nanak Dev Ji travelled a long with a mission to develop 'Truthful Human Beings'. Once He went to Bhai Lalo's house, a carpenter at Saidpur in Pakistan. He served simple food to Guru Ji . Guru Ji found the taste as that of nectar because Bhai Lalo was earning his livelihood by honest means. On another day, Malik Bhago, belonging to a high caste, invited Guru Ji to a feast. Guru Ji refused, but Malik Bhago persuaded Guru Ji to attend his feast. Guru Ji took Bhai Lalo's simple food in one hand and Malik Bhago's food in the other hand. When He squeezed Bhai Lalo's food, drops of milk came out and when He squeezed Malik Bhago's food, blood oozed out. Guru Ji explained the gathering that milk symbolized honesty and blood symbolized dishonesty. He advised people to earn livelihood by honest means.



38. Struggle for Independence of Sikh Shrines: Chabian Da Morcha

The British Government took control of Sikh Shrines in Punjab. The Sikhs launched struggle for independence and gained organizational strength as Shiromani Gurdwara Parbandhak Committee (SGPC) in 1920. The SGPC took over the control of Sri Harmandir Sahib. However, the keys of *Toshakhana* (treasury) remained with Sundar Singh Ramgaria, the British nominated Sarbrah. The SGPC demanded keys. The British Government took away the keys and appointed Captain Bahadur Singh Ghavind as new Sarbrah. The SGPC launched a strong protest, Bahadur Singh resigned and no other Sikh agreed to take over as Sarbrah. The British Government failed and handed over the keys to Baba Kharak Singh in a *diwan* at Sri Akal Takhat Sahib on January 19, 1922. It was a great triumph over the British Government and Mahatma Gandhi wrote it as first victory for freedom of India.



METHODOLOGY TO USE ATAM PARGAS BOOKS IN SCHOOL SYLLABUS

Class	Books	Subject
Nursery	Gurmukhi Akhkhhar Giaan	Punjabi
L.K.G.	Gurmukhi Akhkhhar Abhiaas	Punjabi
	Punjabi Abhiaas Pustak (Part 1)	Punjabi
U.K.G.	Punjabi Abhiaas Pustak (Part 2)	Punjabi
	Punjabi Abhiaas Pustak (Part 3)	Punjabi
	Atam Pargas Art Book (Part 1)	Drawing
1st	Punjabi Abhiaas Pustak (Part 4)	Punjabi
	Atam Pargas Art Book (Part 2)	Drawing
	Atam Pargas Scrap Book (Part 1)	Social Science
2nd	Atam Pargas Scrap Book (Part 2)	Social Science
	Sulekh Mala (Part 1)	Punjabi
	Rang Mala (Part 1)	Drawing

METHODOLOGY TO USE ATAM PARGAS BOOKS IN SCHOOL SYLLABUS

Class	Books	Subject
3rd	Sulekh Mala (Part 2)	Punjabi
	Rang Mala (Part 2)	Drawing
4th	Sulekh Mala (Part 3)	Punjabi
	Rang Mala (Part 3)	Drawing
5th	Sulekh Mala (Part 4)	Punjabi
	Rang Mala (Part 4)	Drawing
6th	Chittar Mala (Part 1)	Moral Science
	Sikh History Cards (Part 1) / Sikh Itihaas Card (Part 1)	Moral Science
7th	Chittar Mala (Part 2)	Moral Science
	Sikh History Cards (Part 2) / Sikh Itihaas Card (Part 2)	Moral Science
8th	Chittar Mala (Part 3)	Moral Science
9th	Chittar Mala (Part 4)	Moral Science

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