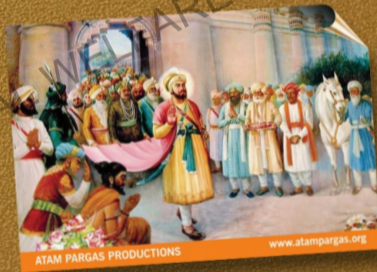


SIKH HISTORY CARDS

PART - 1



Dr. Varinderpal Singh

ATAM PARGAS PRODUCTIONS

Dear children!

You are a wonderful creation of God. Atam Pargas in its steadfast resolve to help you imbibe the virtues of wondrous Lord and to groom you as 'Truthful Human Beings' had published a dozen of books under the title '**Jeeveey Gurbani Naal**' in 2010. A large number of academic institutions have included these books in the school syllabus and have persistently expressed their desire for more such books for primary students.

I am grateful to Almighty for giving us strength to publish a series of new books to meet the demand of academic institutions. Dear children! Your experiences of working on these books shall be of immense help for developing multidimensional personality of yours in tune with ethos of Gurbani. The fragrance of your virtuous life style will spread all around to inspire others to emulate you and also make you feel contented and complete.

Dr. Varinderpal Singh 

✿ ✿ ✿ ✿ ✿ ✿ ✿

The Growing Up Kids

**Who shall not only acquire academic knowledge
but also imbibe moral and cultural values
of our rich heritage to be groomed as
‘Truthful Human Beings’**



Gurbani: The Light House To Enlighten Humanity

There is need to spread the message of Gurbani to humanity for the welfare of mankind. Guru Ji has blessed Dr. Varinderpal Singh to contribute for the cause by authoring school curriculum books of various subjects in the light of Gurbani.

In 2010, his hard work lead to publication of **Jeeveey Gurbani Naal** book series consisting of twelve books for 2nd to 9th standard students. These books have been well received, appreciated and included in curriculum of hundreds of academic institutions. I am pleased to know that he has penned a new series of more than a dozen books titled – **Gurmukhi Akhkhari Card** (two volumes), **Gurmukhi Akhkhari Giaan**, **Gurmukhi Akhkhari Abhiaas**, **Punjabi Abhiaas Pustak** (four volumes), **Atam Pargas Art Book** (two volumes), **Atam Pargas Scrap Book** (two volumes), **Sikh History Cards** (English - two volumes) and **Sikh Itihaas Card** (Punjabi - two volumes). I wish many more academic institutions will introduce these publications in their syllabus for the benefit of students and society.



Dr. Inderjeet Kaur

Patron, Atam Pargas Social Welfare Council and
President, All India Pingalwara Charitable Society, Sri Amritsar Sahib

Upbringing Of Tiny-Tots In Accordance With Gurmat

The foundation for building an ideal character has to be laid during the childhood. To cater this need, Dr. Varinderpal Singh had written a series of twelve books titled '**Jeeveey Gurbani Naal-Sulekh Mala**', '**Jeeveey Gurbani Naal- Rang Mala**' and '**Jeeveey Gurbani Naal- Chittar Mala**' each in four volumes in 2010. Academic institutions have shown great enthusiasm to include these books in their syllabus.



In view of constant demand for other subjects, Dr. Varinderpal Singh has written more than a dozen new books titled - **Gurmukhi Akhkhari Card** (two volumes), **Gurmukhi Akhkhari Giaan**, **Gurmukhi Akhkhari Abhiaas**, **Punjabi Abhiaas Pustak** (four volumes), **Atam Pargas Art Book** (two volumes), **Atam Pargas Scrap Book** (two volumes), **Sikh History Cards** (English - two volumes) and **Sikh Itihaas Card** (Punjabi - two volumes). Inclusion of these two dozen books in the school syllabus will be of immense help to the school managements in imparting value based education to the students.

Dr. Nachhattar Singh

Director, Atam Pargas Social Welfare Council and
Ex Vice Chancellor, Guru Kashi University, Talwandi Sabo, Bathinda

1. Sri Guru Nanak Dev Ji (The First Sikh Guru)

Parkash : 1469 A.D., Sri Nankana Sahib, Pakistan

Father : Sri Kalyan Das Ji (Mehta Kalu Chand Ji)

Mother : Mata Tripta Ji

Wife : Mata Sulakhani Ji

Children : Sri Chand Ji and Lakhmi Das Ji

Jotee Jot : 1539 A.D., Kartarpur Sahib, Pakistan

Sri Guru Nanak Dev Ji was the founder of Sikhism. He travelled far and wide to teach the message of universal brotherhood. He started *langar* (free kitchen), believed in one God and was the first to declare the equality of men and women. He taught the lesson of *Kirat Karo* (earn livelihood by honest means), *Naam Japo* (contemplate God's name) and *Vand Shako* (share ten percent of earnings for the welfare of society).



ATAM PARGAS PRODUCTIONS

www.atampargas.org

2. Sri Guru Angad Dev Ji (The Second Sikh Guru)

Parkash : 1504 A.D., Matte Di Saran (now Sarai Naga), District Sri Muktsar Sahib, Punjab, India

Father : Sri Pheru Mall Ji

Mother : Mata Daya Kaur Ji

Wife : Mata Khivi Ji

Children : Dasu Ji, Datu Ji, Bibi Amro Ji and Bibi Anokhi Ji

Jotee Jot : 1552 A.D., Khadur Sahib, District Tarn Taran Sahib, Punjab, India

Sri Guru Angad Dev Ji modified and popularized Gurmukhi script. He established school to teach Gurmukhi to children at Khadur Sahib and encouraged sports and wrestling.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

6. Sri Guru Hargobind Ji (The Sixth Sikh Guru)

Parkash : 1595 A.D., Guru Ki Wadali, District Sri Amritsar Sahib

Father : Sri Guru Arjan Dev Ji

Mother : Mata Ganga Ji

Wives : Mata Damodri Ji, Mata Nanaki Ji and Mata Maha Devi Ji

Children : Gurdita Ji, Suraj Mal Ji, Ani Rai Ji, Atal Rai Ji, (Guru) Teg Bahadar Ji and Bibi Veero Ji

Jotee Jot : 1644 A.D., Kiratpur Sahib, District Rupnagar, Punjab
Sri Guru Hargobind Ji wore two swords - one of *Miri* (sovereignty) and the second of *Piri* (sainthood). Mughal Emperor Jahangir imprisoned Guru Ji in the fort of Gwalior. At the time of his release, Guru Ji insisted and got released 52 innocent Hindu kings imprisoned in the fort of Gwalior and is thus known as *Data Bandi Chhorh*.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

10. Sri Guru Gobind Singh Ji (The Tenth Sikh Guru)

Parkash : 1666 A.D., Patna Sahib, Bihar, India

Father : Sri Guru Teg Bahadar Ji

Mother : Mata Gujar Kaur Ji

Wives : Mata Ajit Kaur Ji, Sundar Kaur Ji and Sahib Kaur Ji

Children : Sahibzadas Ajit Singh Ji, Jhujhar Singh Ji, Zoravar Singh Ji and Fateh Singh Ji

Jotee Jot : 1708 A.D., Hazoor Sahib, Nanded, Maharashtra, India
Sri Guru Gobind Singh Ji completed the mission of Sri Guru Nanak Dev Ji by administering *Amrit* to five beloved ones (*Panj Piare*) and specifying Sikh code of conduct (*rehat maryada*). Guru Ji then requested and partook *Amrit* from *Panj Piare* and began new tradition by giving honour to His disciples. He sacrificed his entire family for the well being of humanity. Guru Ji proclaimed Sri Guru Granth Sahib Ji as eternal Sikh Guru.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

12. *Panj Piare*

1. Bhai Daya Singh Ji (*Khatree* from Lahore)
2. Bhai Dharam Singh Ji (*Jatt* from Delhi)
3. Bhai Himmat Singh Ji (*Jheoor* from Jagan Nath Puri, Odisha)
4. Bhai Mohkam Singh Ji (*Chheemba* from Dwarka, Gujarat)
5. Bhai Sahib Singh Ji (*Naaee* from Bidar, Karnataka)

Sri Guru Gobind Singh Ji authorised *Panj Piare* to include the aspirants in Sikhism by administering *Amrit*. Guru Ji also empowered them to decide socio-political-religious issues of Sikhs in presence and in accordance with the teachings of Sri Guru Granth Sahib Ji.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

15. Sahibzadas Zoravar Singh Ji And Fateh Singh Ji

- Birth** : 1696 A.D., (Sahibzada Zoravar Singh Ji), 1699
(Sahibzada Fateh Singh Ji), Sri Anandpur Sahib
- Father** : Sri Guru Gobind Singh Ji
- Mother** : Mata Ajit Kaur Ji
- Grand Father** : Sri Guru Teg Bahadar Ji
- Grand Mother** : Mata Gujar Kaur Ji
- Martyrdom** : 1704 A.D., Sirhind, District Fatehgarh Sahib,
Punjab

Gangu Brahmin betrayed Mata Gujar Kaur Ji and Sahibzadas by informing Wazir Khan (nawab of Sirhind) and causing their arrest. Wazir Khan offered freedom to Sahibzadas if they would become Muslims. But they refused and were martyred (bricked alive) by the order of Wazir Khan.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

23. *Panj Kakaar*

Panj Kakaar (5 Ks / kakke) are five items of Sikh faith that *Amritdhari* Sikhs wear all the time. These include *Kes* (untrimmed hair), *Kanghaa* (wooden comb), *Karhaa* (iron bracelet), *Kachheraa* (special kind of shorts) and *Kirpaan* (sword). The tenth Sikh Guru, Sri Guru Gobind Singh Ji ordered all the Sikhs to partake *Amrit* and regard *Panj Kakaars* as inseparable part of their body.



ਕੜਾ
(Karhaa)



ਕਿਰਪਾਨ
(Kirpaan)

ਕਛਹਿਰਾ
(Kachheraa)



24. Sri Guru Nanak Dev Ji And Bhai Lalo

Sri Guru Nanak Dev Ji and Bhai Mardana went to Bhai Lalo's house, who was a carpenter at Saidpur in Pakistan. He served them simple food at his house. Guru Ji found the taste as that of nectar because Bhai Lalo was earning his livelihood by honest means. On another day, Malik Bhago, belonging to a high caste, invited Guru Ji to a feast. Guru Ji refused, but Malik Bhago persuaded Guru Ji to attend his feast. Guru Ji went to Malik Bhago's house. Guru Ji took Bhai Lalo's simple food in one hand and Malik Bhago's food in the other hand. When he squeezed Bhai Lalo's food, drops of milk came out and when he squeezed Malik Bhago's food, blood oozed out. Guru Ji explained the gathering that milk symbolized honesty and blood symbolized dishonesty. He advised people to earn their livelihood by honest means.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

38. Shaheed Kishan Singh Garhgajj

Shaheed Kishan Singh Garhgajj was son of Sardar Fateh Singh and was born at village Baring, Jalandhar, Punjab in 1886. He worked for more than 15 years in Indian Army. In 1921 he resigned and joined Gurdwara reform movement. The Nankana Sahib massacre of innocent Sikhs was a turning point in his life and he decided to avenge the killing of innocent Sikhs. He founded Babbar Akaali Movement. More than two hundred Sikhs formed secret group (*Chakarvarti Jatha*) and launched a strong movement for freedom of India. The British government was afraid of Babbar Akaali Movement and announced rewards for facilitating apprehension of Babbars. On February 26, 1923 Kishan Singh Garhgajj was seized at Pandori Mahal through treachery of a resident of his own village. He was sentenced to death on February 27, 1926.



ATAM PARGAS PRODUCTIONS

www.atampargas.org

METHODOLOGY TO USE ATAM PARGAS BOOKS IN SCHOOL SYLLABUS

Class	Books	Subject
Nursery	Gurmukhi Akhkhhar Giaan/Gurmukhi Akhkhhar Card (1&2)	Punjabi
L.K.G.	Gurmukhi Akhkhhar Abhiaas	Punjabi
	Punjabi Abhiaas Pustak (Part 1)	Punjabi
U.K.G.	Punjabi Abhiaas Pustak (Part 2)	Punjabi
	Punjabi Abhiaas Pustak (Part 3)	Punjabi
	Atam Pargas Art Book (Part 1)	Drawing
1st	Punjabi Abhiaas Pustak (Part 4)	Punjabi
	Atam Pargas Art Book (Part 2)	Drawing
	Atam Pargas Scrap Book (Part 1)	Arts / Social Science
2nd	Atam Pargas Scrap Book (Part 2)	Arts / Social Science
	Jeeveey Gurbani Naal - Sulekh Mala (Part 1)	Punjabi / Moral Science
	Jeeveey Gurbani Naal - Rang Mala (Part 1)	Drawing

METHODOLOGY TO USE ATAM PARGAS BOOKS IN SCHOOL SYLLABUS

Class	Books	Subject
3rd	Jeeveey Gurbani Naal - Sulekh Mala (Part 2)	Punjabi / Moral Science
	Jeeveey Gurbani Naal - Rang Mala (Part 2)	Drawing
4th	Jeeveey Gurbani Naal - Sulekh Mala (Part 3)	Punjabi / Moral Science
	Jeeveey Gurbani Naal - Rang Mala (Part 3)	Drawing
5th	Jeeveey Gurbani Naal - Sulekh Mala (Part 4)	Punjabi / Moral Science
	Jeeveey Gurbani Naal - Rang Mala (Part 4)	Drawing
6th	Jeeveey Gurbani Naal - Chittar Mala (Part 1)	Arts / Moral Science
	Sikh History Cards (Part 1)/Sikh Itihaas Card (Part 1)	Moral Science
7th	Jeeveey Gurbani Naal - Chittar Mala (Part 2)	Arts / Moral Science
	Sikh History Cards (Part 2)/Sikh Itihaas Card (Part 2)	Moral Science
8th	Jeeveey Gurbani Naal - Chittar Mala (Part 3)	Arts / Moral Science
9th	Jeeveey Gurbani Naal - Chittar Mala (Part 4)	Arts / Moral Science

SIKH HISTORY CARDS (PART-1)

Author : Dr. Varinderpal Singh

First Edition : September, 2015

Third Edition : March, 2018

© All rights reserved

WE THANK YOU FOR PURCHASING THESE CARDS. WE AT ATAM PARGAS ARE COMMITTED TO ENLIGHTEN YOUNG SOULS WITH A VISION TO INCULCATE MORAL SPIRIT IN THEIR PERSONALITIES. THE PRICE OF OUR PUBLICATIONS ARE DESIGNED TO MEET EXPENDITURES AND ENABLE THE FULFILMENT OF PROJECTS UNDER THE AUSPICES OF ATAM PARGAS SOCIAL WELFARE COUNCIL.

PUBLISHED BY :

ATAM PARGAS PRODUCTIONS


ATAM PARGAS SOCIAL WELFARE COUNCIL


99, Preet Vihar, V.P.O. Daad, Pakhowal Road, Ludhiana-142 022

E-mail : atampargas@gmail.com

Mobile : +91 82880-10531 / 32 / 33

Website : www.atampargas.org

 **facebook** : <https://www.facebook.com/AtamPargasNews>

 **YouTube** : <https://www.youtube.com/user/atampargas1>



ISBN : 978-93-85927-76-8

Set ISBN : 978-93-85927-75-1

In India : Rs. 100/-

In other countries : US \$4.5

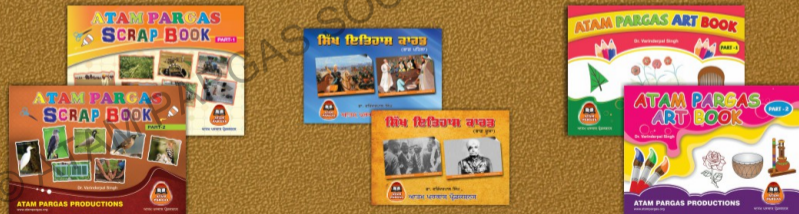
ATAM PARGAS BOOK SERIES



www.atampargas.org

A precious gift for school syllabus of nursery to 9th standard students

ATAM PARGAS BOOK SERIES



Tel: +91-8288010531 / 32 / 33 E-mail: atampargas@gmail.com